Recommended Children and Youth’s Essential Crisis and Stabilization Response Core Components

1. Crisis and Referral Services Hotlines and Online Resources

2. Community Response Crisis Services

   What?:
   - Crisis Assessment
   - Initial Stabilization

   Where/How?:
   - Mobile Behavioral Health and Trauma Crisis Team
   - Urgent Care Services (non-hospital-based)
   - Emergency respite (non-hospital based)
   - Crisis beds (hospital and non-hospital-based)
   - ED and Detention Center Diversion Programs (hospital-based)
   - ED/Inpatient Authorization Process (similar to Milwaukee)

3. Longer Term Crisis/Stabilization Services
   - Care Coordination and Stabilization
   - Referrals to Long-term Services and Supports

*Extensive training and social marketing plan to include schools, law enforcement, hospitals, etc. will be designed and implemented.

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MARYLAND MOBILE CRISIS AND STABILIZATION SERVICES – ESSENTIAL COMPONENTS

**Community Response Crisis Services**

- 24/7 response staffed by trained behavioral health workers to provide telephonic support
- 24/7 behavioral health qualified and trained team available to respond in the community to crises, traumas, and disasters

**Emergency Respite**

- Mobile crisis team to provide intervention at the time of crisis where the consumer is located

**Crisis Beds**

- Services include:
  - Initial stabilization services
  - Face-to-face screening, assessment to determine level of intensity
  - Development of individualized safety /crisis plan
  - Linkages to resources
  - Referral to long term service, ie. Care Coordination

**ED and Detention Center Diversion Programs**

- 24/7 available beds:
  - Stabilize an acute crisis
  - Prevent an inpatient hospitalization

**Crisis and Referral Service Hotline**

- Chatlines and other online supports available 24/7
- Telephonic screening including triage, information, support and determination of intensity of services

**Referrals to Long Term Services and Resources**

- Provide short term services/ care coordination, based on the Wraparound Model and principles, to families post crisis
- Facilitate CFT meeting to develop a preliminary/ crisis POC

**Longer Term Crisis Services**

- Service available for up to 30 days with an additional 30 day extension if needed
- If more intensive services are needed, CFT will explore other options (i.e. 1915i)

**Community Response Crisis Services**

- Services include:
  - Psychiatric, psychosocial and medication evaluations
  - Linkage to community resources
  - Transportation to clinic
  - Follow-up visits and contacts
  - Referral to long term service, ie. Care Coordination

**Mobile Crisis Team**

- Mobile crisis team to provide intervention at the time of crisis where the consumer is located

**Urgent Care Services**

- Non-hospital-based immediate appointments with variable extended hours

**Emergency Respite**

- Designed to provide temporary break for caregivers of youth with serious behavioral health needs

**RTC and Detox beds available to stabilize recently discharged youth**

**Substance Abuse Detox Programs**

- Crisis clinician included in decision making for:
  - Inpatient placement, detention center placement or diversion
  - Inpatient and partial program discharge plans
  - Referral to long term services and or crisis care coordination

**Care Coordination and Stabilization**

- Behavioral health licensed staff available to ERs and detention centers to assess youth, deescalate crisis, and evaluate service need

**ED and Detention Center Diversion Programs**

- Hospital-based 23 hour observation beds, and
  - Non-hospital based overnight beds

**Community Response Crisis Services**

- Offered in safe environment to include licensed residential or group home from a couple hours, up to 2 weeks

- Designated to provide temporary respite services provided on an emergency basis

- Rapid access to licensed behavioral health clinicians

**Community Response Crisis Services**

- Services include:
  - Psychiatric, psychosocial and medication evaluations
  - Linkage to community resources
  - Transportation to clinic
  - Follow-up visits and contacts
  - Referral to long term service, ie. Care Coordination

**Community Response Crisis Services**

- Law Enforcement Trained in CIT or similar curriculum
- School System Crisis Plans aligned with community resources and needs

*Extensive training and social marketing plan to include schools, law enforcement, hospitals, etc. will be designed and implemented.*

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