

SERVICE TYPE	BASIC DEFINITION
<b>Family Peer Support</b>	
Information and Referral - phone only	Phone calls in response to inquiries for services or basic support
System navigation - phone/face-to-face	Short term (generally less than 90 days) or sporadic (i.e., throughout the school year) phone or face-to face to assist a family to access services for their child or family
Intensive family support (Wraparound, family preservation, care coordination and other intensive programs)	Intensive support for longer than 90 days with family, team and other providers to coordinate services/supports and implement/monitor plan
Targeted programs - Early childhood programs	Programming that focuses on the social-emotional well-being and development of infants and young children (birth to five, birth to 8)
Targeted Programs - Transition- age youth programs	Programming that focuses on the needs of youth ages 16-24 with emotional, behavioral and co-occurring disorders
Targeted Programs - Juvenile Justice/family court	Programming that focuses on children with emotional, behavioral and co-occurring disorders and their families involved in the juvenile justice or family court systems
Targeted Programs - Special education system	Programming that focuses on advocacy, support and navigation of the education system
Targeted Programs - Child Welfare	Programming that focuses on advocacy, support and navigation of the child welfare system
Targeted Programs - Substance Use Disorders	Programming that focuses on children/youth with substance use disorders and their families or families involved in the substance use disorders treatment system
Targeted Programs - Intellectual/Developmental Disabilities	Programming that focuses on children/youth with intellectual and/or developmental disorders and their families
Targeted Programs - Military Families	Programming that focuses on children/youth with emotional, behavioral and co-occurring disorders and their families involved in the military and/or military reserves
Targeted Programs - Primary care	Programming that focuses on advocacy, support and navigation of the primary care/physical health and pediatric system

Support groups	Facilitation of support group (bi-weekly or monthly), led by a family member and may incorporate speakers
<b>Youth Support</b>	
Peer support	Support or mentoring for youth with emotional, behavioral or co-occurring disorders to assist in accessing services or supports, navigating systems, understanding mental health, etc.; includes youth-to-youth peer support
Youth-led program	Facilitation and/or support of a youth-led program, such as a Youth MOVE chapter or youth council, for youth with emotional, behavioral or co-occurring disorders
Training - youth	Facilitating/providing direct training to youth in a group setting on relevant topics regarding mental health and youth specific issues (such as effective advocacy, leadership, transition, etc.)
Social/recreational events	Provision and/or support of social and recreational activities or events for youth with behavioral disorders
Evaluation	Youth collecting data or interviewing for youth perspective and other evaluation related activities
Research	Youth participation in or facilitation of research (design and execution) in the children's mental health field or youth-guided care
<b>Training</b>	
Training - families	Facilitating/providing direct training to families in a group setting on relevant topics regarding children's mental health and families (such as effective advocacy, IDEA, etc.)
Training - professionals, community members	Facilitating/providing direct training or workforce development to professionals and/or community members in a group setting on relevant topics regarding children's mental health and families
Parenting education classes	Provision of an evidence based parenting or parent education curriculum
Webinar	Provision of webinars to offer training and education regarding topics relevant to children's mental health

Annual conference	Annual conference to offer training and education regarding topics relevant children's mental health
<b>Community Outreach</b>	
Community events/resource fairs	Participation in outreach events via material dissemination (booth, display) to promote awareness, including Children's Mental Health Awareness Day/Week activities and other events (back to school events, holiday baskets, etc.)
Newsletter	Weekly, monthly, or quarterly newsletter to promote awareness and community education
Website	Website to promote family driven care, promote awareness, and disseminate information
Social Media	Use of Facebook, Twitter, Instagram and other social media outlets to promote family driven care, promote awareness, and disseminate information
<b>Public Policy</b>	
Public policy participation	Active involvement in decision- and policy-making groups (committees, task forces, etc.) at the local, state or national levels, information and education activities with policy makers
Legislative advocacy	Efforts to inform legislators about issues relevant to children's mental health and families, including provision of policy alerts, letter writing campaigns, legislative days/events, testimony, etc.; includes advocacy at the local, state or national level
<b>Other Programs/Activities</b>	
Screening/brief assessment - child/youth	Provision of mental health/health screenings or brief assessments using a validated tool for children/youth for behavioral health symptoms, risks or disorders
Screening/brief assessment - adult/family	Provision of screenings or brief assessments using a validated tool for adults, parents or families to identify services and supports or strengths and risk factors

Social/recreational events	Provision and/or support of social and recreational activities or events for children/youth with behavioral disorders and their families
Respite services	Provision of respite services (caring for a child with behavioral disorder to allow caregiver to have a period of rest) at hourly or daily intervals
Professional consultation	Provision of consultation to providers or community organizations around policies, family-driven care, family and youth engagement, and other topics related to program development and structure
Evaluation	Collecting data or interviewing for family perspective and other evaluation related activities
Research	Participation in or facilitation of research (design and execution) in the children's mental health field or family driven and youth-guided care