

## Improving the Appropriate Use of Psychotropic Medications in Public Systems Serving Children, Youth, and Young Adults

**September 11, 2015**

Hosted at the Substance Abuse and Mental Health Services Administration  
1 Choke Cherry Road, Rockville, MD, 20850

### AGENDA

**8:45-9:00 am**                      **Welcome, Purpose and Introductions**

*Speaker: Dayana Simons, Center for Health Care Strategies*

**9:00-9:45**                              **Context-setting: The Use of Psychotropic Medications in Children and Youth**

*Speaker: Christopher Bellonci, Tufts University School of Medicine, Tufts Medical Center*

**9:45-10:45**                              **Engaging Providers in Practice Change Efforts**

Dr. Chang and Ms. Williams will share key strategies the state of Ohio has taken to reduce inappropriate use of psychotropic medication in the Medicaid population through a public/private partnership that is underscored by strong cross-agency collaboration. Ohio Minds Matter is a multi-year effort to increase knowledge among key constituencies and to educate providers to ensure that best clinical practice is delivered to it's the state's children and youth who rely on public sector care.

*Speakers: Mina Chang, Ph.D., Ohio Department of Medicaid  
Susan Williams, Ohio Department of Job and Family Services – Office of Families and Children*

**10:45-11:00**                              **Break**

**11:00am -12:15 pm**                      **Presentation of State Goals**

States will present on identified goals, top three issues concerning psychotropic medication use, current state and local efforts, and will describe the challenges faced.

*Facilitator: Jessica Lipper, Center for Health Care Strategies*

**12:15-1:00**

**Networking Lunch**

**1:00-2:15**

**Facilitated Team Session**

States will use this time to assess the current oversight and monitoring in their system of care and state programs. They will also discuss and determine the role the System of Care can play to (1) incorporate oversight and monitoring into the system of care, and (2) accelerate the development or strengthening of the state's broader oversight and monitoring efforts. In addition, teams will develop "mini posters" for the peer networking session.

**2:15-2:45**

**Peer Networking: Mini Poster Presentations of Goals and Plans to Date**

During this session, states/counties will have the opportunity to learn more about their peers' goals and identified strategies. The format allows participants to move around from one "mini poster presentation" to another.

**2:45-3:45**

**Facilitated Team Session**

States will gather within their state/county teams to share information learned during the peer session and to identify strategies to advance priority goals. During this time, teams will identify strategies and develop draft next steps for strengthening oversight and monitoring when they return to their states.

**3:45-4:15**

**Next Steps**

Each state team will report on key lessons learned, and next steps with their work plans.

*Facilitator: Jessica Lipper*

**4:15-4:30**

**Wrap-up and Adjourn**

*Speaker: Dayana Simons*