



THE ANNIE E. CASEY FOUNDATION

Trauma Systems Therapy for Foster Care (TST-FC)

The Trauma Systems Therapy for Foster Care (TST-FC) training curriculum gives child welfare agencies a tool that foster parents can use to support children in their care and help them heal.

Getting Started

Implementing Trauma Systems Therapy for Foster Care

This guide serves as a primer for child welfare agencies planning to install the curriculum within their existing array of in-service foster care trainings. [Download the implementation guide >](#)

Facilitator Preparation and Planning for TST-FC

This document is written exclusively for facilitators. It shares tips on scheduling, preparing and presenting the four-part curriculum. [Download the preparation and planning guide >](#)

Training Materials

TST-FC is built around four training sessions for foster parents. To support trainers, the Casey Foundation has developed a series of facilitator guides and accompanying PowerPoint slides. Download each guide and presentation using the links below:

Module One: [Facilitator Guide](#) | [PowerPoint slides](#)

Module Two: [Facilitator Guide](#) | [PowerPoint slides](#)

Module Three: [Facilitator Guide](#) | [PowerPoint slides](#)

Module Four: [Facilitator Guide](#) | [PowerPoint slides](#)

Additional Resources for Trainers and Foster Parents

The Foster Parent Resource Guide

This guide serves as a foster parent's go-to resource on caring for children whose lives have been impacted by trauma. [Download the guide >](#)

Managing Emotions Guide

This guide spans three pages and asks questions that children can answer in an effort to better understand and control their emotions. [Download the guide >](#)

Surveys and Feedback for TST-FC

A set of surveys designed to assess what caregivers and agency staff knew at the onset of training — and what they learned as a result of the training. [Download the surveys >](#)