

## RESOURCES: Youth and Family Engagement Measures

### Youth

- Search Institute Developmental Asset Profile tool: <http://www.search-institute.org/tags/developmental-assets-profile>
- Achieve My Plan Resources for improving youth voice in treatment and services: <https://www.pathwaysrtc.pdx.edu/p3c-achieve-my-plan>
- Youth Voice in Agency Decision Making (YVAL) – tool available this year; information about the tool can be accessed on Youth MOVE National website
- Child & Adolescent Strengths and Needs (CANS): <https://praedfoundation.org/tools/the-child-and-adolescent-needs-and-strengths-cans/>

### Caregiver/Family

- Caregiver Strain Questionnaire: [http://peabody.vanderbilt.edu/docs/pdf/ptpb/PTPB\\_Chapter12.pdf](http://peabody.vanderbilt.edu/docs/pdf/ptpb/PTPB_Chapter12.pdf)
- Family Empowerment Scale: <https://www.pathwaysrtc.pdx.edu/pdf/pbMeasuringEmpowermentInFamilies.pdf>  
[http://www.childdevelopment.ca/Libraries/Collaborative\\_Goal\\_Setting/Family\\_empowerment\\_scale.sflb.ashx](http://www.childdevelopment.ca/Libraries/Collaborative_Goal_Setting/Family_empowerment_scale.sflb.ashx)
- Family Assessment of Needs and Strengths (FANS): <http://nyssuccess.org/using-the-family-assessment-of-needs-strengths-fans-tool-in-nys/>; <http://www.ftnys.org/family-needs-strengths-fans/>; Nancy Craig, FTNYS, ncraig@ftnys.org
- Protective Factors Survey: <https://www.friendsnrc.org/protective-factors-survey>
- Family Journey Assessment: <http://gucchdtacenter.georgetown.edu/Activities/FamilyJourneyAssessment/index.html>

### Youth and Family

- Building Bridges Self-Assessment Tool (SAT) for Youth and Families: <http://www.buildingbridges4youth.org/sites/default/files/BB-SAT%20for%20youth%20%26%20families.pdf>
- Quality of Life Questionnaire: <http://www.fundacion-salto.org/documentos/QUALITY%20OF%20LIFE%20QUESTIONNAIRE.pdf>
- Perception of Hope & Opportunity:
- Feedback Informed Treatment (FIT) Measures for Psychotherapy – most commonly used are Outcome Rating Scale and Session Rating Scale: <http://scottdmiller.com/wp-content/uploads/FIT%20handouts.pdf>  
[http://tpcjournal.nbcc.org/wp-content/uploads/2015/12/Pages\\_22-32-Yates.pdf](http://tpcjournal.nbcc.org/wp-content/uploads/2015/12/Pages_22-32-Yates.pdf)  
<https://ct.counseling.org/2015/05/incorporating-feedback-informed-treatment-into-counseling-practice/>
- Trauma-informed Organizational Assessment tools (include Y&F components): <http://www.buildingbridges4youth.org/products/tools>  
<http://www.t2bayarea.org/resource/grid/index.html>