

NEW JERSEY MOBILE RESPONSE AND STABILIZATION SERVICES SYSTEM

Mobile Response Stabilization Services – (Up to 8 Weeks) – (Child/Youth)

Service Description

Mobile Response Stabilization Services interventions provide youth and caregivers with short-term, flexible service coordination to assist in stabilizing youth in their community setting. Interventions are designed to maintain the youth in his/her current living arrangement, to prevent repeated hospitalizations, to stabilize behavioral health needs and to improve functioning in life domains. Youth, based upon need, enter Mobile Response Stabilization Services following the completion of the Mobile Response Crisis Assessment Tool (CAT) and Individualized Crisis Plan (ICP) development as coordinated by the Mobile Response Team during the first 72 hours. These services are available as a transition option after the MRSS initial 72-hour services when a youth continues to exhibit patterns of behavioral and emotional needs, which require continued intervention and coordination to maintain typical functioning and prevent continued emotional and/or behavioral escalation. Interventions at this level of care include the delivery of a flexible array of services through the development of a comprehensive and ICP. Care planning is individualized, collaborative and flexible based on youth and family need.

Mobile Response Stabilization Services are grounded in core System of Care values and principles. Care is strengths based, child centered and family driven, community based, trauma sensitive, culturally and linguistically mindful. Interventions may include, but are not limited to, crisis intervention, counseling, behavioral assistance, intensive in-community services, skill building, mentoring, medication management and/or caregiver stabilization interventions. Coordination of specialized services to address the needs of youth with co-occurring intellectual/developmental disabilities and substance use are also available through this service. Mobile Response Stabilization Services are managed and monitored by the Children's Mobile Response Stabilization Services System Agency and pre-authorized and reviewed by Perform Care, the NJ Contracted Systems Administrator. Mobile Response Stabilization Services intervention can be delivered for up to eight weeks.

Use of this intervention will vary by setting, intensity, duration and identified needs. The objective of Mobile Response Stabilization Services would be to stabilize the current crisis and help facilitate the youth's and caregiver's transition into identified supports, resources and services which are consistent with their treatment needs and support a sustainable plan. This may involve linking the family with Care Management Services, outpatient services, evidence-based services, community-based supports and informal and natural resources.