

Necessary Components: Best Practice

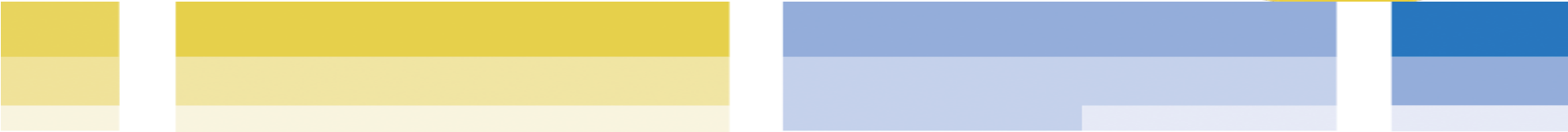
Parent Peer Support Certification

Parent Peer Support Competency Training

Family-Run Executive Director Leadership Association, 2016

The logo for Fredla, featuring the word "fredla" in a blue, lowercase, sans-serif font. A yellow brushstroke underline is positioned beneath the letters "redla".

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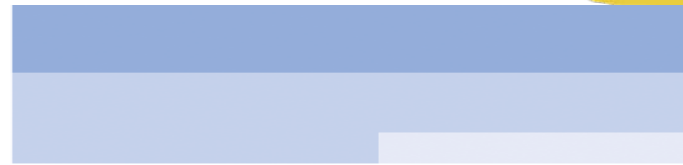
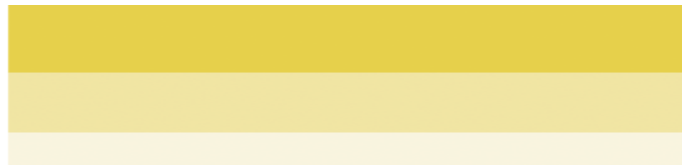


Necessary Components: Best Practice

Certification

- Lived experience as a caregiver of a child with emotional, behavioral or mental health challenge
- Defined set of competencies and scope of activities, defined certification and recertification processes
- Required training on core competencies and assessment of competency (test or exam)
- Required ongoing professional development in core areas (specific #hours per year)
- Supervision (peer, administrative, clinical consultation)
- Advisory council for process issues, disputes

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Necessary Components: Best Practice

Curriculum

- Sharing your story effectively
- System navigation, especially education system
- Confidentiality, ethics and boundaries
- Effective advocacy
- Facilitation and developing collaborative relationships
- Goal-setting and action plans, documentation
- Self-care

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