

KSOC-TV Archive

Knowledge Systems of Care TV (KSOC-TV) was a web-based technical assistance program featuring behavioral health experts alongside individuals with lived-experience discussing cutting edge issues in children's mental health. During the show, audience members, including partners and systems of care grantees, were invited to call-in, tweet using #KSOC-TV, and submit questions for the panelists via the original streaming system.

In each program, a panel of experts sat down with SAMHSA's Dr. Gary Blau to discuss common concerns and experiences, as well as resources, and shared strategies for connecting individuals to services and supports.

Watch previous KSOC-TV webisodes:

- [Addressing the Mental Health Needs of Military Families and their Children](#) (which aired in April 2018) focused on addressing the mental health needs of military families and their children.
- [Addressing the Mental Health Needs of Children, Youth, and Families Experiencing Homelessness](#) (which aired in December 2017) explored evidence-based strategies to address the mental health needs of children, youth, and families experiencing homelessness.
- [Current Issues in Family-Driven Care: Caregiver Stress](#) (which aired in September 2017) explored evidence-based strategies for addressing caregiver stress in families with children, youth, and young adults who experience mental disorders.
- [Impact of Cyberbullying: Addressing the Needs of Children and Youth](#) (which aired in August 2017) explored the different forms of cyberbullying and how it differs from traditional bullying; looking at ways to help parents, caregivers, and educators better understand the issue of cyberbullying and the mental health needs of both the young person being bullied, and the young person initiating the bullying.
- [Intersecting Identities: Improving Health Outcomes for LGBTQI2-S Youth of Color](#) (which aired in January 2017) delved into the intersecting identities of LGBTQI2-S youth of color and the associated challenges they may face, such as trauma, suicide, and resilience.
- [Diverting to Treatment: Community Policing and Supporting Youth Mental Health Needs](#) (which aired in November 2016) highlighted the changing role of law enforcement in supporting youth and young adults with mental health needs. The program included evidence-based strategies to combine efforts of police officers, mental health educators, and community advocates to resolve potentially volatile situations in more positive ways.
- [Altering the Course: First Episode Psychosis Intervention](#) (which aired in September 2016) explored how parents and caregivers can help youth and young adults who might potentially be in the early phase of psychosis, as well as those who are experiencing first episode psychosis (FEP).
- [Finding Help, Finding Hope: What to Do If You Think Your Child May Have a Mental Health Problem](#) (which aired in January 2016) aired live from the 2016 NBC-4 Health & Fitness Expo in Washington, DC. This special webisode explored how parents and caregivers can actively engage in their child's behavioral health care, as well as identify available resources that can help the entire family thrive.

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- [Addressing the Behavioral Health Needs of Adopted Children](#) (which aired in February 2015) explored ways that communities can support the behavioral health needs of children and youth who are adopted and their families.
 - [Addressing Emotional and Behavioral Issues in K–5 Classrooms](#) (which aired in November 2015) addressed the topic of identifying and managing behavioral health concerns in elementary school classrooms.
 - [Addressing Mental Health Concerns in College](#) (which aired in September 2015) addressed the topic of mental and substance use disorders among college students, including protective factors that promote positive mental health, warning signs that can alert friends and others that someone may be struggling and strategies to intervene and access services and supports.
 - [Preventing Death by Suicide: Strategies to Help Children, Youth and Families](#) (which aired in June 2015) explored the principles of a suicide intervention-informed approach to address the prevention of suicide and to facilitate the skill-building that is critical to healing, recovery and resilience for children, youth, families, schools and communities impacted by suicide.
 - [Trauma-Informed Approaches to Caring for Every Child's Mental Health](#) (which aired in October 2014) explored principles of a trauma-informed approach and trauma-specific interventions designed specifically to address the consequences of trauma and to facilitate healing that is critical to recovery and resilience for children, youth and families impacted by trauma.
 - [Supporting Families with LGBTQ Youth](#) (which aired in August 2014) explored ways that communities can support families with LGBTQ youth. Research shows that family acceptance contributes significantly to improving the health and well-being for LGBTQ youth and reduces the risk of suicide.
 - [The Real REAL World-Helping Young People on their Journey to Adulthood](#) (which aired in July 2014) live from the Georgetown University Training Institutes 2014 conference on “Improving Children’s Mental Health Care in an Era of Change, Challenge and Innovation: The Role of the System of Care Approach”. The webisode explored emerging issues among young adults in transition (ages 18 – 25) including employment, housing, education, juvenile justice, and peer support.
 - [Supporting Young Veterans and Young Parents](#) (which aired in June 2014) highlighted evidence-based practices to help young adults (ages 18--25) and their families address mental health needs specific to military service and parenting.
 - [The Role of Psychotropic Medication in Children’s Mental Health](#) (which aired in December 2016) featured insights from mental health experts on complex issues surrounding the use of psychotropic medications to treat children and youth who experience serious behavioral health challenges.



Special Events Showcased on KSOC-TV

Excellence in Community Communications and Outreach (ECCO) Recognition Program Awards 2015

Watch the special edition webisode [Excellence in Community Communications and Outreach \(ECCO\) Recognition Program Awards 2015](#), which aired July 22, 2015. The ECCO program showcased and celebrated the outstanding achievements of systems of care grantees.

National Children's Mental Health Awareness Day

Watch these special editions of National Children's Mental Health Awareness Day:

- [Awareness Day 2019: "Suicide Prevention: Strategies that Work"](#) featured suicide prevention experts and senior government officials, along with a family member and young adult from Illinois. The event showcased evidence-based suicide prevention strategies that can save lives, as well as resources to connect those in need to information, services, and supports.
- [Awareness Day 2018: "Partnering for Health and Hope Following Trauma"](#) focused on an integrated health approach to supporting children, youth, and young adults who have experienced trauma. Specifically, the event addressed how to transform the children's mental health, child welfare, and public health systems to become trauma-informed.
- [Awareness Day 2017: "Partnering for Help and Hope"](#) focused on the importance of addressing physical, mental, emotional, and behavioral health needs together when providing services and supports for children, youth, and young adults.
- [Awareness Day 2016: "Finding Help. Finding Hope."](#) focused on strategies for improving access to community-based behavioral health services for children, youth, and young adults with mental and/or substance use disorders and their families.
- [Awareness Day 2015: "Strengthening Communities by Integrating Care"](#) focused on the importance of coordinated system of care in which child-serving agencies work together, children, youth, and families have a more difficult time getting the services and supports they need.