

Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



People Recover

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DIVERSE ROLES OF YOUTH, YOUNG ADULTS AND FAMILIES IN MEDICAID MANAGED CARE INITIATIVES

Brie Masselli, Youth M.O.V.E. National

Millie Sweeney, FREDLA

Kalamazoo Co., Michigan

Rensselaer Co., New York

" Children (and youth) do not come in pieces. They come in families, and families come in communities. Communities are affected by the culture and by public policies. We have to have multiple strategies. We have to break down all these silos, address the needs of the whole child, and push forward with persistence and passion."

*Marion Wright Edelman,
Children's Defense Fund*



Youth and Family Involvement: An Essential Part of Managed Care

- Effective service approaches are built and implemented by listening to those that *use* the services
- Youth and Families play a critical role at every level:
 - System structure development and implementation
 - Service development and implementation
 - Evaluation and CQI processes

Value Added: Youth and Family Voice

Builds

- Partnerships, collaboration and mutual understanding
- Self – efficacy and maintain wellness
- A comprehensive services array

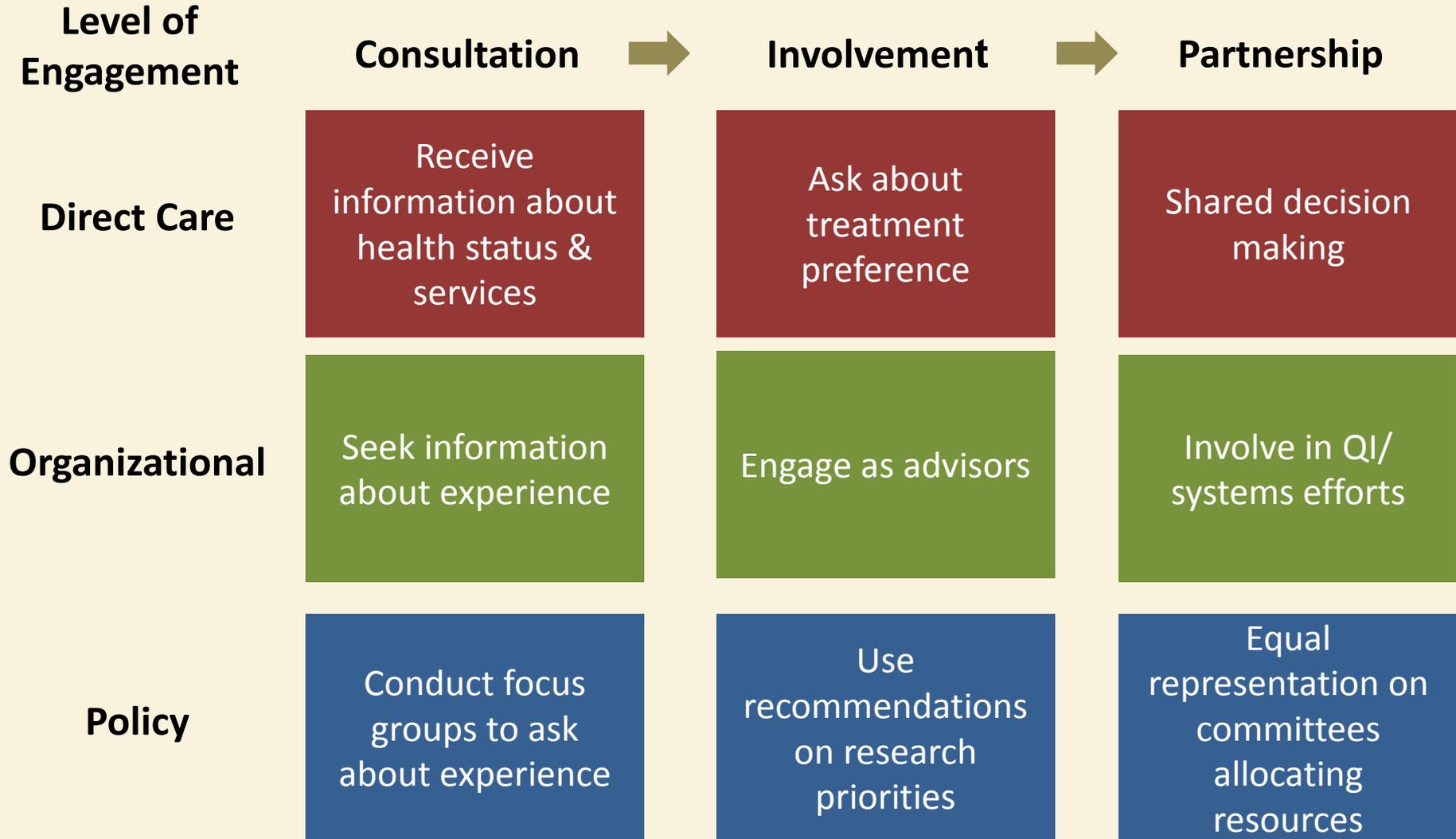
Improves

- Individual, family and organizational outcomes
- Access, satisfaction and engagement in services
- Cost, utilization and quality

Changes

- Institutional Culture
- Policies & Practice
- Attitudes, behavior and beliefs

Models for Partnership



Adapted from Carman et al, Health Affairs 32, No.2 (2013):223-231

Partnership for Advancing Youth and Parent Peer Support

Advisors & Developers

- Defines what the service is and helps develop service definition
- Develops, reviews and vets workforce trainings

Credential & Training

- Provide the workforce access to specialized training and credentialing
- Oversees and maintains quality program

As Providers

- Provides specialize peer services
- Peer services can be within a treatment team, 1:1 or group
- Services can be formalized and informal

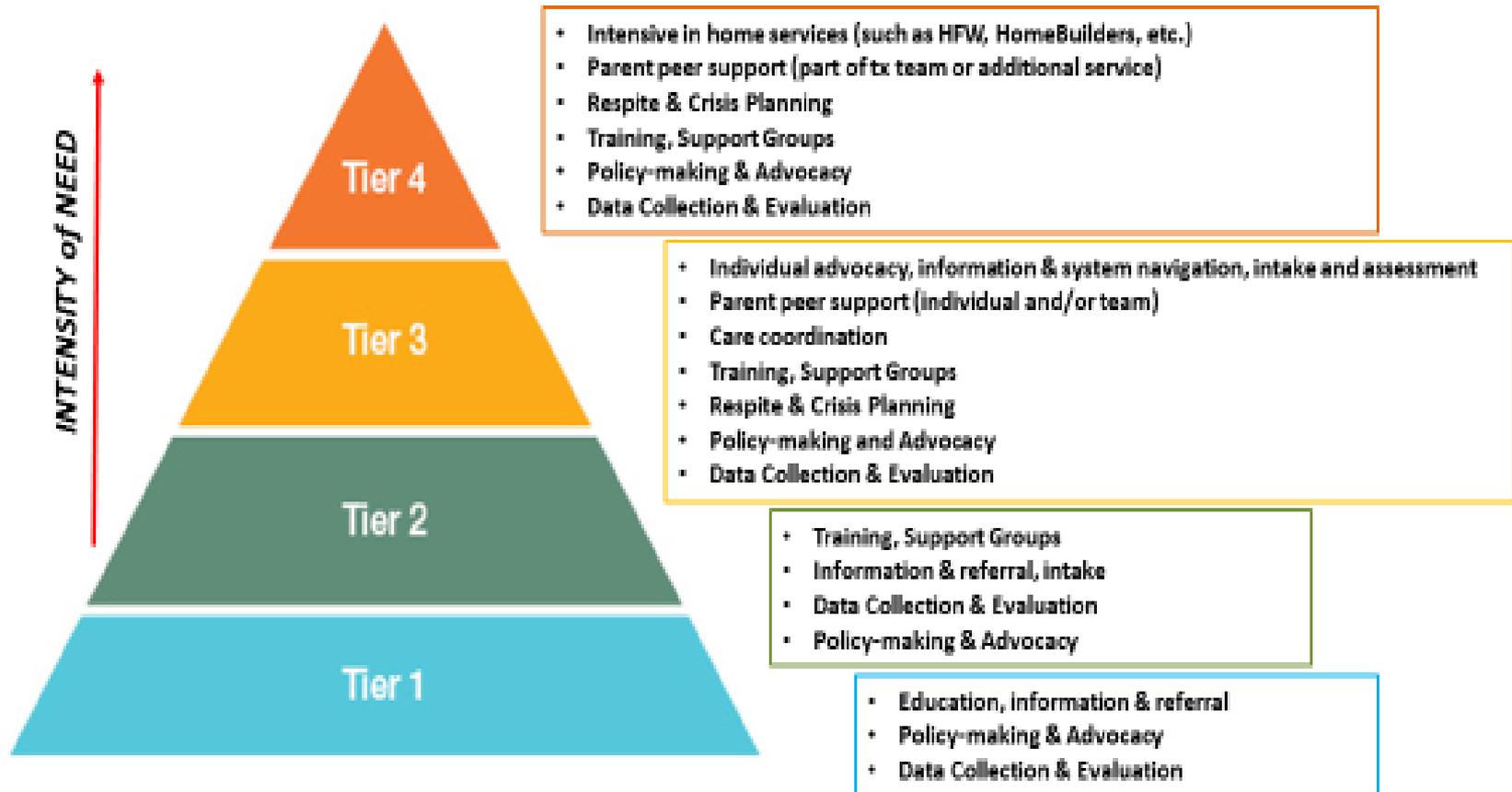
Considerations: Parent Peer Support

PPS is a peer-to-peer approach to working with parents/caregivers of children with emotional, behavioral, and/or mental health challenges.

A PPS Provider is a parent/caregiver with the lived experience of caring for a child or youth with similar challenges, and who has received training to use their experience in supporting other parents/caregivers/families

- Work individually with families and as part of a team supporting a family
- Fulfill diverse positions, at all levels of service intensity and in various settings
- Receive regular supervision and often have access to clinical consultation to assist with more complex mental health situations

Roles for Parent Peer Support Providers Based on Intensity Level of Service Need/Use



Considerations: Youth Peer Support

What is Peer Support:

Peer support is based on a mutual connection among two people who establish a relationship based on shared experiences (Mead, 2003)

Who are Youth Peer Providers:

A youth peer provider is a person who uses his or her lived experience and skills learned in formal training, to deliver services in behavioral health settings to promote mind-body recovery and resiliency for young adults of transition age.

How is it Developed:

Traditional Model: Community utilizes existing model that is in place to train young adults

Enhanced Model: Community build upon existing model and enhances it to be developmentally appropriate

Tailored Model: Community develops a model that is tailored to a particular treatment or intervention

Youth Informed Model: Youth and Young adults develop a model that is developmentally appropriate, applicable and accessible in multiple settings and services

Considerations: Youth Peer Support (cont.)

- Youth and young adults want peer services that are
 - Developmentally appropriate and culturally responsive
 - Part of a comprehensive services array
 - Accessible in children’s and adult services settings
 - Provided by someone with lived experience
- Youth peer providers need
 - Access to training that will support them in utilizing their lived experience as a peer
 - Credential, training and continued education to be prepared
 - Work in a organization that provides appropriate compensation, benefits, supervision and valued
 - Pathways to career opportunities
- States need to
 - Engage youth and young adults in the process of design
 - Engage youth and young adults in evaluating and improving services

Implementation: Examples From the Field

- Pat Weighman
Kalamazoo County, Michigan

- Kathy Coons
Rensselaer County, New York

Contact Information



YOUTH MOVE NATIONAL™

Brie Masselli

bmasselli@youthmovenational.org

www.youthmovenational.org

Millie Sweeney

msweeney@fredla.org

www.fredla.org

