

The BeST Training/Consultation Partners to support implementation of Coordinated Specialty Care for First Episode Psychosis

The Best Practices in Schizophrenia Treatment (BeST) Center has been collaborating with Coordinated Specialty Care for First Episode Psychosis (CSC for FEP) partners since 2010, and has implemented 15 coordinated specialty care for first episode psychosis programs serving 24 counties, each of which is called FIRST, in northeast, northwest, southwest and southeast Ohio, in partnership with the Ohio Department of Mental Health and Addiction Services. The BeST Center also recently trained 13 FIRST teams in the state of Illinois;

The BeST Center's well-developed and refined implementation package is based on our work as a pilot site for the National Institute of Mental Health's Recovery After an Initial Schizophrenia Episode (RAISE) NAVIGATE initiative and supports practical, comprehensive and sustainable implementation within community based settings. The FIRST teams include the following roles: Administrative Lead, Team Leader, Prescriber, Individual Recovery Trainer, Case Manager, Family Psychoeducation, Supported Employment/Education Specialist and Peer Recovery Supporter.

As leaders in CSC for FEP, the BeST Center partners nationally and internationally with early psychosis experts and presents webinars, white papers and fact sheets on implementing evidence-based CSC for FEP for national audiences;

Northeast Ohio Medical University (NEOMED) is a community-based health sciences university focused on serving the needs of the community. The Margaret Clark Morgan Foundation has been a funding partner supporting the BeST Center's mission to accelerate the adoption of evidence-based and promising practices in schizophrenia treatment in partnership with community-based treatment providers through training, consultation and technical assistance;

The BeST Center can offer technical assistance for completion of the Ohio Department of Mental Health and Addiction Services' SY 2019 Evidence-Based First Episode Psychosis Request for Proposals.

For more information, please contact:

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Coordinated Specialty Care for First Episode Psychosis Training, Consultation, Materials and Technical Assistance Services

ORGANIZATIONAL AND STAKEHOLDER IMPLEMENTATION PLANNING

- Community/organizational needs assessment and implementation planning

INITIAL TRAINING (CEUs and CMEs provided)

- 6 hours FIRST orientation for entire team, including psychiatrist or APN
- 16 hours of Cognitive Behavioral techniques for Psychosis (CBt-p) training for all FIRST team members
- 3 hours of FIRST discipline-specific training (supported employment/education specialist, case manager, peer recovery supporter, team leader)
- 4 hours Individual Resiliency Trainers (counselors, team leader)
- 2 hours for Prescriber training (psychiatrist and/or APN)
- 2 hours for Family Psychoeducation training (team leader, Individual Resiliency Trainers)
- 2 hours procedure manual (administrative lead, team leader)
- 1 hour for outreach strategy planning (administrative lead, team leader)
- 1 hour data overview with research coordinator (administrative lead, team leader)
- 1 hour weekly FIRST team meeting consultation (entire team)

ONGOING CONSULTATION

- Outreach consultation and support
- Data collection, notifications, analysis and reporting
- Weekly team meeting consultation with BeST Center FIRST expert in-person or video/phone
- FIRST consultation as needed for implementation purposes with BeST Center FIRST consultant/trainer
- 60-minute monthly CBt-p consultation
- Family Psychoeducation and pharmacotherapy consultation as needed
- 1 hour, every other month conference call to promote collaborative learning for all FIRST team leaders
- 1 hour, once monthly conference call to promote collaborative learning for FIRST prescribers
- Quarterly stakeholder meetings to review progress, barriers, data/outcomes and next steps
- 1 ½ hour Bi-Monthly Project ECHO Videoconferencing to support statewide complex first episode psychosis case consultation (free CE's)

MATERIALS AND TECHNICAL ASSISTANCE

- Full sets of FIRST manuals: Family Psychoeducation, Individual Resiliency Trainer, Supported Employment/Education and Case Management, Procedures and Psychiatrist/APN, including manualized treatment modules to use with clients and families
- Outreach toolkit: includes FIRST program brochures and information cards, content for press releases, websites, social media, email, letters and powerpoint presentations
- FIRST Family Psychoeducation packets, including *The BeST Kind of Help: Tips for Family Members and Friends of Individuals Affected by Schizophrenia*
- *The BeST Kind of Help: Tools and Tips for Schizophrenia Recovery*, by individuals with lived experience
- Data collection instruments, including the Outcome Review Form and Clinician-Rated Dimensions of Psychosis Symptom Severity Scale and ongoing data collection, analysis and reporting
- Assistance with information technology for identification of FIRST clients, goals, objectives and interventions and utilization data extraction from electronic medical records
- Collaborative grant development and renewal, as requested