

Questions to ask OOH programs at meet and greets:

1. How is your program incorporating the Nurtured Heart Approach and the 6 Core Strategies?

2. How often does individual and group therapy take place? Does the assigned clinician have any area of specialty?

3. How often does family therapy take place and what is your agency's policy about family participation? How soon does family therapy start?

4. Are you able to accommodate flexibly scheduling family therapy and treatment team meetings?

5. Are parents/guardians invited to attend psychiatric/medication management appointments?

6. What is the average length of treatment at your program?

7. Other than therapy, how are parents/guardians encouraged to participate in their child's treatment?

8. How is therapeutic leave incorporated into the youth's stay? Do you withhold therapeutic leave for behavioral reasons? How quickly do they start? Do you provide transportation for leave?

9. For children who do not attend educational programs, how is time spent, for example youth in summer who are not in ESY?

10. How are you able to assist the family to prepare for a child's successful return home?

11. Can your program use technology (Facetime, Skype) to include guardians in meetings?

12. Is my access to my child limited?

13. Does your program use a point or level system?

14. How is a child encouraged to use their strengths?
